

Privacy Policy

Privacy Policy for Trained by Duane

Effective Date: 17/03/2026

1. Introduction

Welcome to Trained By Duane. This Privacy Policy explains how we collect, use, and protect your personal information.

By using our website or submitting your information, you agree to the practices described in this policy.

2. Information We Collect

We only collect personal information that you voluntarily provide to us, such as:

- Name
- Email address
- Any additional information you provide via forms (e.g. your situation, goals, or questions)

We do not collect payment information or create user accounts through this website.

3. How We Use Your Information

We use your information for the following purposes:

- To contact you after you submit a form
- To assess whether our coaching is a good fit for you
- To respond to your questions
- To provide and improve our coaching services

All submitted information is used for direct, personal communication only.

4. How Your Information Is Handled

When you submit a form on this website:

- Your data is sent directly to our email
- Your data is not stored in a separate database on the website

We only use your information to follow up with you personally.

5. Sharing Your Information

We do not sell, trade, or share your personal information with third parties, except:

- When required by law
- When necessary to protect our legal rights

6. Your Rights

You have the right to:

- Request access to your personal data
- Request correction of your data
- Request deletion of your data

You can contact us at any time to exercise these rights.

7. Security

We take reasonable measures to protect your personal information, including:

- Secure website connection (SSL)
- Limited access to data

8. Cookies

This website uses only functional cookies necessary for the website to work properly.

9. Changes to This Privacy Policy

We may update this Privacy Policy from time to time. The latest version will always be available on this page.

10. Contact Us

If you have any questions about this Privacy Policy, you can contact us at:

Email: info@trainedbyduane.com